

Spiritual Check-up: 21 Essential Questions for Leaders

For each statement below, circle the number that best reflects your current practices or outcomes.

Date: _____

Statement	Circle one number for each statement				
Practices	Never true	Occasionally true	Sometimes true	Often true	Always true
1. Prayer: I pray and listen to God at least once per day. <i>1 Thessalonians 5:16-18</i>	1	2	3	4	5
2. Scripture reading: I read the Bible daily. <i>Psalms 1:1-2</i>	1	2	3	4	5
3. Scripture application: I apply the Bible to my life. <i>James 1:22-25</i>	1	2	3	4	5
4. Sabbath: I rest from work at least one day each week. <i>Exodus 20:8-10</i>	1	2	3	4	5
5. Worship: I worship God throughout the week. <i>Psalms 145:1-3a</i>	1	2	3	4	5
6. Giving: I give generously and discreetly. <i>2 Corinthians 9:6-7, Acts 2:45, Matthew 6:3-4</i>	1	2	3	4	5
7. Biblical community: I am actively involved in a Bible-believing community. <i>Acts 2:42, 46-47</i>	1	2	3	4	5
8. Sharing the Scriptures: I share Biblical truths with others in a way that equips them to share these truths with others. <i>Deuteronomy 6:18-19, 2 Timothy 2:1-2</i>	1	2	3	4	5
9. Discipleship: I engage in discipling others. <i>Acts 1:8, Matthew 28:19-20</i>	1	2	3	4	5
10. Confession: I engage in confession daily, recognizing my own sin and God's grace and power to forgive my sin. <i>1 John 1:6-9</i>	1	2	3	4	5
11. Biblical accountability: I am in an intentional relationship with one or more Christ followers where I share about areas of sin and struggle and am encouraged to continue growing toward Christ. <i>James 5:16, Hebrews 10:24-25a</i>	1	2	3	4	5
12. Transparency: There are no hidden aspects of my life that would harm my relationships or Christian witness. <i>Proverbs 28:13</i>	1	2	3	4	5
Outcomes					
13. Loving God: My words and deeds reflect that I love God with all my heart, soul, mind, and strength. <i>Mark 12:30</i>	1	2	3	4	5
14. Loving others: My words and deeds reflect that I love my neighbor as myself. <i>Mark 12:31</i>	1	2	3	4	5
15. Peace: I experience the peace of God, even in hard seasons. <i>Galatians 5:22-23, Psalm 4:7-8</i>	1	2	3	4	5
16. Faithfulness: I am a faithful steward of what God has given to me including my time, talents, relationships, position, and resources. <i>Matthew 25: 21, Luke 12:48b</i>	1	2	3	4	5
17. Servanthood: I seek to serve God as Christ did, in full submission and sacrificial obedience. <i>Philippians 2:5-8</i>	1	2	3	4	5
18. Authenticity: I do not try to give the impression that I am better than I truly am. <i>Galatians 6:3</i>	1	2	3	4	5
19. Contentment: I do not covet others' possessions, relationships, health, position, or success. <i>Exodus 20:17, Philippians 4:11b-12</i>	1	2	3	4	5
20. Humility: I do nothing out of selfish ambition and consider others more significant than myself. <i>Philippians 2:3</i>	1	2	3	4	5
21. Self-Control: There are no areas of my life where I am living in a manner that could harm my health, relationships, or Christian witness (e.g., food, drink, work, relationships, entertainment, medication, appearance, finances, etc.). <i>Galatians 5:22-23</i>	1	2	3	4	5